



## A SAMPLE ITINERARY

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Friendship Ambassadors Foundation

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### CHINA



#### DAY 1 - In Flight to Europe

Please arrive early for your international flight (please double check with Friendship Ambassadors for check-in times and requirements). Try to get some rest on board. To minimize the effects of jet lag, we advise to avoid sugars, caffeine, salts and alcohol. Drink a lot of water to keep hydrated!

#### DAY 2 – Continue Flight to China

Arrive in your European hub airport. Depending on flight arrangements, there will be time to rest and refresh yourselves, and to take a short city tour.

#### DAY 3 – Welcome to Beijing

Arrive in Beijing, capital of China. Your English-speaking guide will meet you at the airport and assist with your transfer to the hotel. Dinner will be preceded by some orientation - then rest!



#### DAY 4 – Beijing

Free day for tours: Forbidden City, Ming Tombs, Tiananmen Square, attend evening show.

#### DAY 5 – Beijing

Rehearsal during day, evening concert and reception at university or high school.



#### DAY 6 – Beijing/Xian

Air transfer to this ancient city, an over 8,000 years old, unparalleled historical site. Transfer to hotel, dinner.

#### DAY 7 – Xian

Exchange with music students at local university or high school. Festive dinner with students.

#### DAY 8 – Xian

Rehearsal, touring, evening concert.

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### DAY 9 – Xian/Shanghai

Air transfer to China's most populace city: China Today! Settle into your hotel, and take an afternoon tour of the place.

### DAY 10 – Shanghai

Rehearsal and evening concert at local university.

### DAY 11 – Shanghai/Beijing

Free morning. In the afternoon you will air transfer back to the capital city for a festive farewell dinner.



### DAY 12 - In Flight

Transfer from Beijing to your European hub.

### DAY 13 - US

After a layover in Europe, arrive back to the United States.

Welcome Home!



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