



SAMPLE ITINERARY

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WASHINGTON, DC

B= Breakfast; L= Lunch; D= Dinner

Day 1: In Flight, Washington DC (L, D)

Please arrive early for your flight to Washington D.C (please double check with Friendship Ambassadors for check-in times and requirements). Try to get some rest on board. To minimize the effects of jet lag, we advise to avoid sugar, caffeine, salt and alcohol. Drink a lot of water to keep hydrated!



Welcome to Washington DC! Upon arrival, a representative from Friendship Ambassadors Foundation will be at the airport to welcome you. Board your private motor coach for your transfer to your hotel here in Washington DC. Check-in and prepare for an afternoon tour.

Visit the Arlington National Cemetery, the burial grounds for American military personnel. Here you will see the changing of the Guard, the Tomb of the Unknown Soldier, the Kennedy

Gravesites and the Space Shuttle Challenger Memorial. Afterwards, visit the Iwo Jima Memorial, a tribute to all U.S. Marines who have died since 1775 while serving our country. After, a welcome dinner will be arranged for you at a local restaurant by FAF. Then return to your hotel for your overnight stay.



Day 2: Getting to Know Washington DC (B, L, D)

Enjoy a full American breakfast at your hotel. Meet your FAF representative at the lobby, and board your private motor coach to begin your tour. First you will visit Alexandria, one of America's oldest and most historic cities. Then proceed to Mount Vernon and visit George Washington's home and plantation. Afterwards visit the Washington Monument, the world's tallest stone monument. Lunch will be arranged by FAF in a local restaurant. Afterwards, proceed to your Capitol Hills Grounds Tour. Visit the U.S. Capitol, the Supreme Court and the Library of Congress. Then proceed to see the National Archives, home of the original Constitution, Bill of Rights, and Declaration of Independence. Dinner will be arranged by FAF in a local restaurant. Return to hotel for overnight stay.



Day 3: White House, DC Tour (B, L, D)

Breakfast at your hotel. Prepare for a possible White House tour hosted by your local representative office (to be confirmed). Afterwards, proceed to the 2nd World War Monument, Lincoln Memorial, the Vietnam Veterans Memorial, the Korean Memorial, and the Jefferson Memorial. You will be having

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lunch in between visits. After this splendid day, you will go back to the hotel to prepare for your **evening performance at a local venue**. Dinner will be arranged by FAF at a local restaurant. Then go back to the hotel for overnight stay.

Day 4: Continuation of Washington DC tour, (B, L, D)

After breakfast at the hotel, meet your FAF representative at the lobby, and board your private motor coach to continue your tour of Washington, DC. Proceed to the city center, where you will have the opportunity to visit downtown DC and some of the Smithsonian Museums: National Air & Space Museum, Natural History Museum and the National Museum of American History. Afterwards, visit the Kennedy Center for a guided tour and then the International Spy Museum. You will be having lunch in between visits. Dinner will be arranged by FAF at Zola Restaurant.



Day 5: Continuation of Washington DC tour, (B, L, D)

After breakfast at your hotel, start your morning by visiting one of Washington DC's prized neighbourhood's attractions, like the Anacostia Community Museum, Washington Cathedral and Hillwood Museum and Gardens. Lunch will be arranged at a local restaurant. FAF will seek to arrange an **exchange and performance opportunity at a local venue**. Dinner will be arranged by FAF at a restaurant close to your hotel.



Day 6: Jamestown, Yorktown (B, L, D)

After breakfast at your hotel, today you will be visiting the historic Jamestown; it is commonly regarded as the first permanent settlement of what is now the United States. Then proceed to visit Yorktown, famous for the Battle of Yorktown in 1781 where the British surrendered to the French and American troops. Head back to Washington, DC after your day trip. A farewell dinner will be arranged by FAF at a restaurant close to your hotel.

Day 7: Return home (B)

After breakfast, check out of your hotel and bid a fond farewell to Washington DC as you transfer to the airport to catch your return flight home. Have a safe flight, and...

Welcome home!

Friendship Ambassadors Foundation (FAF; www.faf.org) is a 501 c 3 not-for-profit organization affiliated with the United Nations Department of Public Information and partner in operational relations with UNESCO.

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