



A SAMPLE ITINERARY

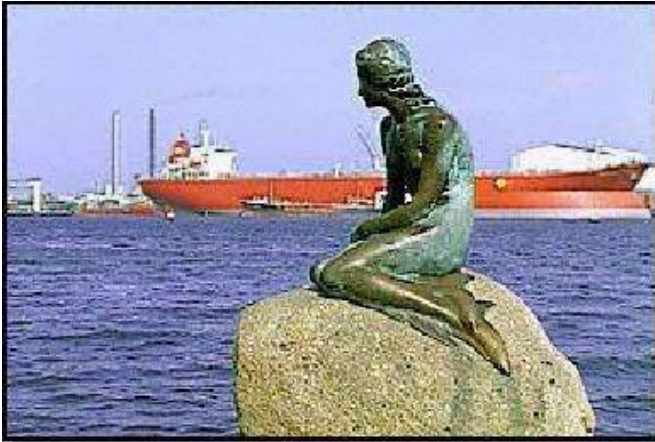
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SCANDINAVIA

Day 1 – In flight (all meals provided en route)

Please arrive early for your international flight (please double check with Friendship Ambassadors for check-in times and requirements). Try to get some rest on board. To minimize the effects of jet lag, we advise to avoid sugars, caffeine, salts and alcohol. Drink a lot of water to keep hydrated!



Day 2 – Welcome to Denmark (B en route, D)

Arrive in the morning to Copenhagen. Friendship Ambassadors representatives will meet you for the transfer to your hotel. There will be a brief orientation en route, taking in the Little Mermaid and other principal sights, and arriving at the hotel in time to check in and freshen up before dinner at a local restaurant. This evening is free for those who wish to rest, or explore. FAF representatives will be on hand to make reservations or just suggestions.

Day 3 – Copenhagen (B, D)

Sightseeing this morning after breakfast ending at the Tivoli Gardens, for a brief rehearsal for this evening's show. The afternoon is free and dinner will be a Smorgasbord-style affair at the DSB restaurant - followed by your performance in the Tivoli Gardens.

Copenhagen has no glittering skylines, few killer views and only a handful of meager skyscrapers. Bicycles glide along manageable traffic at a pace that's utterly human. The early morning air in the pedestrian streets of the city's core, Stroget, is redolent of freshly baked bread and soap-scrubbed storefronts. If there's such a thing as living in a cozy city, this is it. Extremely livable and relatively calm, Copenhagen is not a microcosm of Denmark, but rather a cosmopolitan city with an identity of its own. The sites of Copenhagen



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rarely jump out at you; its elegant spires and tangle of cobbled one-way streets are best sought out on foot, and lingered over. Excellent bus and train systems can come to the rescue of weary legs. By sea or canal Copenhagen is surrounded by water. A network of bridges and drawbridges connects the two main islands - Sjaelland and Amager. The seafaring atmosphere is indelible, especially around the neighborhoods of Nyhavn and Christianhavn.

Day 4 – Copenhagen to Oslo (B, D)



After breakfast this morning, there will be free time today until boarding your Scandinavian Seaways cruise to Oslo. It may be possible to arrange a show on board, if not, we will try to arrange a noon show in Copenhagen today. Your overnight ferry has all the amenities - dance all night if you wish. Interior cabins provided with outside cabins available for a supplement.

Day 5 – Welcome to Norway (B, D)

Get up early this morning to enjoy the spectacular views of the Oslo Fiord while you enjoy breakfast prior to your arrival in Oslo. We'll board our motorcoach for Laerdal en route to Bergen. We'll drive along the shores of the scenic Tyriford and have a chance to visit the Hadeland Glassworks - there is a lovely museum and a gift shop. We'll continue along the Fillefjelle Mountain Road with a brief stop at the Borgund Stave Church - the most well preserved of Norway's Stave churches, a wooden church from the 12th century. We'll finally string our way through the Laerdal Valley along the Salmon run to the old wooden village of Laerdal - again one of the last well preserved communities largely composed of Wooden buildings (Oslo, Stockholm and Copenhagen had their wooden structures destroyed in fires throughout the middle ages and renaissance). We'll arrive tired but ready for an informal get-together with a local choir and a possible show. Then good night!

Day 6 – Bergen (B, D)

After breakfast this morning, we'll depart for Bergen via boat and coach. Our boat starts down the Sogne Fjord - the world's longest and deepest and will wend its way down the Naeroy Fjord, one of the most beautiful in Scandinavia with vertical cliffs rising from the still water and high waterfalls cascading into the water near lovely hamlets nestled at the foots of these hills. At Gudvangen we'll get back on our coach for the ride into Bergen, arriving in time for our panoramic bus tour starting at Grieg's Home Troidhaugen, central Bergen and the Haakonshallen – the 1261 Viking Hall.



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People from Bergen like to say they do not come from Norway but from Bergen. Enfolded at the crook of seven mountains, fish-boned by seven fjords, Bergen does seem far from the rest of Norway. During the Hanseatic period, this active port was Norway's capital and largest city. Even though the balance of power has shifted to the capital, Bergen remains a strong commercial force, thanks to shipping and oil and is a cultural center, with an international music and arts festival every spring. Although it's true that an umbrella and slicker are necessary in this town, the raindrops - actually 219 days per year of them - never obstruct the lovely views.

Day 7 – Bergen (B, L)

After breakfast the morning and afternoon is free to explore Bergen: take the cable car to Mt. Floyen for the most spectacular view, make a visit to any of the many museums, or look for famous Norwegian sweaters and silver. Norwegian silver is famed for its unique look and ease with which it can be worked. We'll transfer to the Laksevag Church for an evening performance if appropriate repertoire can be found.

Day 8 – to Oslo (B, D)

After breakfast this morning, we'll board our bus for the long, but visually stunning trip to Oslo. We'll choose an appropriate spot on the way for a lunch break at Fossli where there is a terrific view of the 600 ft. Voeringfoss waterfall and continue on through the varied landscape. Arrive this evening in Oslo where we will have a brief orientation and dinner.



Oslo has a lot to offer - parks, water, trees, hiking and skiing trails (1,600 miles in greater Oslo) and above all, spectacular views. Starting at the docks opposite City Hall, right at the edge of the Oslo Fiord, the city sprawls up the sides of the mountains that surround it, providing panoramic vistas from almost any vantage point but no definable downtown skyline. The sea has always been Norway's lifeline to the world: Oslo Fiord teems with activity, from sailors and shrimpers to merchant ships and passenger ferries. An old city, dating from the mid-11th century, has actually burned down 14 times since its creation and was redesigned and renamed Christiania by Denmark's royal builder, Christian IV. An act of Parliament finally changed the city's name back to Oslo, its original Viking name, in 1925.

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Day 9 – Oslo (B, D)

After breakfast this morning, we'll have a tour of this Scandinavian capital, returning in the afternoon to pick-up performance garb for our first performance. This would be a logical time to schedule a brief touch-up rehearsal if necessary.

Day 10 – Oslo (B, D)

We'll board our motorcoach to participate in this morning's service at the American Lutheran Church. The rest of the day's activities will be scheduled around the show and could include a visit to one of the many good Viking sites. Dinner tonight at a local restaurant.

Day 11 – Welcome to Stockholm! (B on plane D)

After breakfast check out of your hotel, and it's off to Stockholm. Meet your bilingual guide for the transfer to your hotel. There will be a brief orientation and time to freshen up. The remainder of the day is free to relax. Friendship Ambassadors representatives will be available to make suggestions, reservations, etc. for those wishing to venture out in this friendly capital.



Stockholm is a startlingly beautiful city, founded in the 13th century. Its unique location – where the Baltic meets Lake Malaren – forced architects to build on 14 islands and several islets. One of the top sites is the Skansen, an open air museum complete with 150 traditional buildings, some of which date from the 18th century. Craftspeople dressed in period costume demonstrate daily life of the era.

Do learn the local customs, in case you're invited into a Swedish home. Be punctual and bring flowers for the hostess. Do not touch your drink until the host announces "skal" (to your health), and do not toast your host until he has toasted you first. Tipping: don't tip – the service charge is usually added to the bill. The only exception is taxi drivers, who merit as much as a 10% tip.



Day 12 – Stockholm (B, D)

After breakfast this morning, board your private motorcoach for a tour of this beautiful city. There will be several opportunities to perform informally outdoors. Afternoon is free to explore - return late afternoon to a local restaurant for dinner. A performance will be scheduled for this evening.

Day 13 - Home! (B, all meals en route)

Awaken early to enjoy the beautiful passage into Helsinki where you will have a few hours free time to enjoy the center city prior to transferring to the airport for our return flight to the United States.

Welcome home!

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